

## **GASTROENTEROLOGY CLINIC OF SAN ANTONIO, P.A.**



**Charles W. Randall, M.D.**  
**David L. Stump, M.D.**  
**Jorge Munoz M.D.**  
**V. Franz Zurita, M.D.**

**Bassem W. Mazloum M.D.**  
**Christopher A. Fincke, M.D.**  
**Gary Gossen M.D.**  
**Russell Dean Havranek, M.D.**

---

### **HALF-LYTELY COLON PREP**

#### **DAY BEFORE THE PROCEDURE:**

Follow the Colonoscopy Diet Instructions page. The morning before your exam prepare the Halfy-Lytely prep per the instructions on the container and put in the refrigerator. You can have clear liquids all day but do not eat anything solid. The more fluids you drink the better. At about noon you will take the Bisacodyl tablets provided in the prep. At about 6 PM begin to drink the bowel prep at the rate of about a glass full every 10-15 minutes. Continue to do this until it is gone. You can continue to drink plenty of clear fluids after this to help push things through. The more fluids you drink the cleaner you will be. Continue this up until bedtime. Stop all oral intake 8 hours prior to your exam time to help assure your stomach is empty.

#### **DAY OF THE PROCEDURE:**

Ingest nothing 8 hours prior to your exam. Arrive at least 1 hour prior to your scheduled exam.

Arrive at the endoscopy center one hour prior to your appointment with **ONLY** your driver's license, insurance card and someone to drive you home. You will **NOT** be allowed to drive yourself home due to the sedation. You must bring your friend or relative with you to your appointment. You **ARE NOT** allowed to go home by taxi or BUS. If this is not followed then your procedure will be cancelled and rescheduled and could be subject to a fee. All personal items need to remain home, you will not need your purse or wallet or jewelry during the colonoscopy.

The endoscopy center will be calling you to get medical history from you over the phone. The center is not in the same office as your doctor, so please be aware that the medical staff for the center may call you.

Please let us know if you have any questions - we want your experience to be as safe as possible.